

EMMCA's Mission



The East Madison/Monona Coalition of the Aging (EMMCA) provides social services to help senior adults maintain their independence and life satisfaction.



EMMCA Staff

Sonya Lindquist	Executive Director
Nikole Chapman	Case Manager
Brittany Shimek	Case Manager
Mariana Berbert	Case Manager
Amyra Aviless	Case Manager
Michelle Anderson	Day Center Manager
Tina Gomoll	Day Center Aide
Yvonne Slusser	Day Center Aide
Jeanne DeBraal	Day Center & Nutrition Aide
Theresa Pimental	Nutrition Coordinator
Amanda Naas	Office Coordinator

Board of Directors

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Bob Di Loreto	Michael McHugh
Peter Gunderson	Robert Gannon
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Ron Hanko	Bonnie Nutt
Erin Conrad	Linda Nettessheim

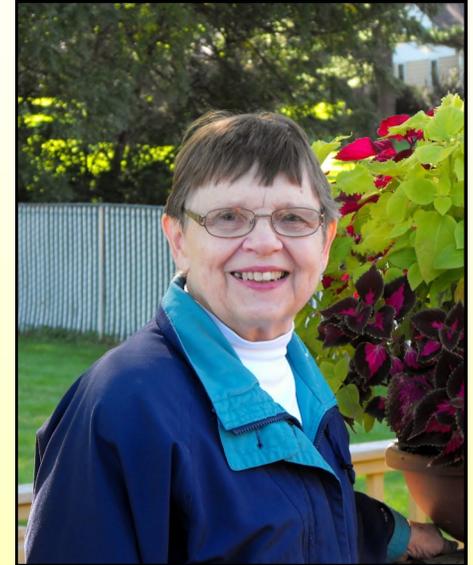
East Madison / Monona Coalition of the Aging

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Keeping Seniors Independent

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Programs and Services



Case Management

EMMCA Case Managers provide free assistance to East Madison and Monona seniors in connecting them with resources such as Food Assistance, Energy Assistance, Medicare, Medicaid, and socialization opportunities. The focus of Case Management is to help seniors remain independent by providing tools, support, and help with problem solving. To work with an EMMCA Case Manager you must be 60 or older and live in East Madison or Monona. There are no income restrictions.

Supper and Support

EMMCA's Supper and Support Group meets 5:30–7:00 pm on the 2nd Tuesday of each month (excluding January and July) at EMMCA. Caregivers, family members and care recipients are invited to attend and enjoy a free meal, conversation and entertainment.

Home Chore Program

The Home Chore Program provides assistance to seniors who need help with basic household chores by pairing them with volunteers. The volunteer support helps seniors remain in their own homes. To qualify for the Home Chore Program you must be 60 or older, physically unable to complete chores independently, and income eligible.

Foot Care Clinic

The foot clinic is held at Lake Edge Lutheran Church on the 1st and 4th Wednesday of each month from 1:00 p.m.—3:15 p.m. The cost is \$20 for foot care provided by a professional from Home Health United. People with diabetes are not eligible for this clinic. Call EMMCA at 223-3100 to make a reservation. Reservations are required.

Loan Closet

EMMCA runs a free health equipment loan closet. Items available include walkers, wheelchairs and tub transfer benches. Call EMMCA at 223-3100 to inquire about items available for checkout. Donations welcome!



Adult Day Center

EMMCA's Adult Day Center is an affordable adult day center in a safe, home like setting. The Day Center provides seniors in need of care with an opportunity for activities, games, gentle exercise, and social interaction. The Day Center is open Monday–Friday from 8:00 a.m. to 4:00 p.m. Call EMMCA's Day Center at 223-3112 for information and to make a reservation for a free visit.



Nutrition Site

EMMCA and Dane County provide meals Monday through Friday to area seniors. Meals are available on a donation basis. Lunch is served at noon Monday through Thursday. Breakfast is served every Friday, 8:30 a.m.—10:30 a.m.

Monday & Wednesday: Monona Meadows
Tuesday & Thursday: Messiah Lutheran
Friday: Breakfast at Cranberry Creek

Call EMMCA at 223-3100 to make a lunch reservation. Reservations are required and must be made by 10:00 a.m. the previous business day.