



Monona Senior Center Report

January 1st thru March 31, 2023

The mission of the Monona Senior Center is to provide those fifty and over with educational, social, recreational, health, and fitness programs as well as volunteer opportunities. We strive to enhance dignity, support independence and enrich the lives of and advocate for older adults.



Typical or not, Wisconsin weather in February and March brought snow, ice and cold, causing school closings resulting in four snow days in February, one nutrition site cancellation in March and additional program cancellations due to instructors choosing not to brave the weather. Weather closings as well as instructor illness caused the rescheduling of multiple programs.



First Quarter 2023 Statistics:

	January-23	February-23	March-23
Attendance	1017	1221	1721
Total Participants	434	513	602
Days Open	20	16	23
Average Daily Attendance	48	50	67
Programs Offered	112	110	140
New to the Center	6	48	79
Drop-In Attendance	16	31	43
Volunteer Hours	264	228	260



Program Highlights:

Monona Senior Center has hosted a Veterans Group since February of 2015. Each month an Outreach Program Specialist from the Vet Center leads the meetings. Monona Senior Center coordinates with the Vet Center to organize resource speakers and offsite events. The group is growing to over 15 vets each month.

The Dementia Caregiver support group met for the first time in March. The Alzheimer's Association provides a facilitated group for caregivers of those living with Alzheimer's and other dementias.



Volunteers:

Volunteer recruitment through word of mouth and the newsletter has stimulated people to come in and ask questions, take a tour and fill out an application. Five new volunteers will be trained for the Front Desk Volunteer openings as well as Special Event assistance.

Community Involvement:

Stepping up for Monona Hills: As of mid-April, over \$13,000 has been donated and a significant amount of that has been from supporters of the Monona Senior Center. These donations have helped meet the most immediate needs of the Monona Hills residents.

Monona Senior Center

January

February

March

Highlights

AARP Tax Clinics-took 120 appointments on opening day

Attendance increased over February 2022 by 20%

Increase of 30 programs offered over previous month

Programs

Two Free Movie Matinees - Refreshments of popcorn & root beer served 45 ppl

Evidence based program, Ballroom Basics for Balance fills with a wait list.

Total programs held in February 110

*Irish Meal and Music draws 52
*Emerald Isle speaker brings in 47

Volunteers

The Center was open 20 days; with desk volunteer support of 264 hours

Volunteer recruitment has stimulated first-time visitors and submission of volunteer applications.

Six reception desk shifts left vacant due to lack of substitutes

Community Involvement

Foot Care Clinic adds new Registered Nurse Nail technician – 6 clinics offered monthly

Snowshoe lessons and tour at San Damiano led by Monona Park & Rec attended by 33 people

MSC was a resource liaison with Red Cross and NewBridge for Monona Hills fire victims