

MONONA SENIOR CENTER CALENDAR • MARCH 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 8:45 Senior Shape-up 9:00 Walking 10:00 Crafts 11:15 Chair Yoga 12:00 Dominoes 12:00 Bingo & Lunch 12:30 Foot Clinic \$22	2 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 12:15 Sheepshead 1:00 Movie
<i>Italicized font denotes event is held off site.</i>				
5 8:00 Stretch & Tone 8:30 Quilt Workshop 9:00 Pilates 9:00 MATC Spanish 3 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:00 Reflexology 12:45 Bridge	6 8:45 Senior Shape-up 9:30 East Towne 10:00 Chorus/Band 11:15 Chair Yoga 12:00 Carve In 12:30 Dans iPad 12:30 500/Hand & Foot 1:00 Scrabble 2:45 Dans Open Lab	7 8:00 Stretch & Tone 8:30 Tax Clinic 9:00 Pilates 12:00 Canasta 12:45 Euchre 12:40 Foot Clinic \$22 1:00 Stepping On <i>1:00 Mah Jongg</i>	8 8:45 Senior Shape-up 9:00 Walking 10:00 Crafts 11:15 Chair Yoga 12:00 Dominoes 12:00 St. Pat's Party 	9 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 10:00 Scholarly Scoop 12:15 Sheepshead 1:00 Movie
12 8:00 Stretch & Tone 8:30 Quilt Workshop 9:00 Pilates 9:00 MATC Spanish 3 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:45 Bridge 1:00 Sip & Swipe	13 8:45 Senior Shape-up 9:00 Woodmans 10:00 Chorus/Band 11:15 Chair Yoga 12:00 Carve In 12:30 Dans iPad 12:30 500/Hand & Foot 1:00 Scrabble 2:45 Dans Open Lab <i>6:30 Writer's Group</i>	14 8:00 Stretch & Tone 8:30 Tax Clinic 9:00 Pilates 10:30 Veterans Group 12:00 Canasta 12:45 Euchre <i>1:00 Mah Jongg</i>	15 8:45 Senior Shape-up 9:00 Walking 9:00 Reflexology 10:00 Crafts 11:15 Chair Yoga 12:00 Dominoes 1:00 Stamp Camp 3:30 Friends Annual Board Meeting	16 8:00 Stretch & Tone 9:00 ROMEO 9:00 Cribbage 9:00 Pilates 12:15 Sheepshead 1:00 Movie
19 8:00 Stretch & Tone 8:30 Quilt Workshop 9:00 Pilates 9:00 MATC Spanish 3 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:45 Bridge 1:00 Sip & Swipe	20 8:45 Senior Shape-up 10:00 Chorus/Band 11:15 Chair Yoga 12:00 Carve In 12:30 Dans iPad 12:30 500/Hand & Foot 1:00 Scrabble 2:45 Dans Open Lab	21 8:00 Stretch & Tone 8:30 Tax Clinic 9:00 Pilates 9:30 Foot Clinic \$22 <i>9:30 Knit 'n Stitch</i> 12:00 Canasta 12:45 Euchre 1:00 Conversation Pod <i>1:00 Mah Jongg</i>	22 8:45 Senior Shape-up 9:00 Walking 10:00 Crafts 10:00 Sandwich Generation 11:15 Chair Yoga 12:00 Dominoes 3:00 Desk Volunteer Meeting	23 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 11:00 Low Vision 12:15 Sheepshead 1:00 Movie
26 8:00 Stretch & Tone 8:30 Quilt Workshop 9:00 Pilates 9:00 MATC Spanish 3 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:45 Bridge	27 8:45 Senior Shape-up 10:00 Chorus/Band 11:15 Chair Yoga 12:00 Carve In 12:30 Dans iPad 12:30 500/Hand & Foot 1:00 Scrabble 2:45 Dans Open Lab <i>6:30 Writer's Group</i>	28 8:00 Chair Massage 8:00 Stretch & Tone 8:30 Tax Clinic 9:00 Pilates 11:00 Diabetic Foot Clinic \$25 12:00 Canasta 12:45 Euchre <i>1:00 Mah Jongg</i> 9:00 - 3:00 Stuff Eggs	29 8:45 Senior Shape-up 9:00 Walking 10:00 Crafts 10:00 Mrs. Charles Dickens 11:15 Chair Yoga 12:00 Dominoes	30 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 12:15 Sheepshead 1:00 Movie 