

MONONA SENIOR CENTER CALENDAR • APRIL 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 8:00 Stretch & Tone 8:30 Quilt Workshop 9:00 Pilates 9:00 MATC Ukelele 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:00 Reflexology 12:45 Bridge	3 8:45 Senior Shape-up 9:30 East Towne 10:00 Chorus/Band 11:15 Chair Yoga 12:00 Carve In 12:30 Dans Mac Class 12:30 500/Hand & Foot 1:00 Scrabble 2:45 Dans Open Lab	4 8:00 Stretch & Tone 8:30 Tax Clinic 9:00 Pilates 12:00 Canasta 12:45 Euchre 12:40 Foot Clinic \$22 1:00 Mah Jongg	5 12:30 Foot Clinic \$22 No Programming due to 'Lil Badger	6 No Programming due to 'Lil Badger ----- <i>Let's Dance 2018</i> <i>East Side Club</i> <i>Sunday, April 8th</i> <i>1:00 - 4:00 p.m.</i>
9 8:00 Stretch & Tone 8:30 Quilt Workshop 9:00 Pilates 9:00 MATC Ukelele 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:45 Bridge 1:00 Sip & Swipe	10 8:45 Senior Shape-up 9:00 Woodmans 10:00 Chorus/Band 11:15 Chair Yoga 12:00 Carve In 12:30 Dans Mac Class 12:30 500/Hand & Foot 1:00 Scrabble 2:45 Dans Open Lab 6:30 <i>Writer's Group</i>	11 8:00 Stretch & Tone 9:00 Pilates 10:30 Veterans Group 10:00 Coffee with Cop 12:00 Canasta 12:45 Euchre 1:00 Mah Jongg	12 8:45 Senior Shape-up 9:00 Walking 10:00 Crafts 11:15 Chair Yoga 12:00 Dominoes 12:00 Bingo & Lunch 1:00 Stamp Camp 	13 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 10:00 Scholarly Scoop 12:15 Sheepshead 1:00 Movie
16 8:00 Stretch & Tone 8:30 Quilt Workshop 9:00 Pilates 9:00 MATC Ukelele 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:45 Bridge 1:00 Sip & Swipe	17 8:45 Senior Shape-up 10:00 Chorus/Band 11:15 Chair Yoga 12:00 Carve In 12:30 Dans Mac Class 12:30 500/Hand & Foot 1:00 Scrabble 2:45 Dans Open Lab	18 8:00 Stretch & Tone 9:00 Pilates 9:00 Sip & Swipe 9:30 Foot Clinic \$22 9:30 <i>Knit 'n Stitch</i> 12:00 Canasta 12:45 Euchre 1:00 Conversation Pod 1:00 Mah Jongg	19 8:45 Senior Shape-up 9:00 Walking 9:00 Reflexology 10:00 Crafts 10:00 Eating for a Healthier Heart 11:15 Chair Yoga 12:00 Dominoes 3:30 Friends Meeting	20 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 12:15 Sheepshead 
23 8:00 Stretch & Tone 8:30 Quilt Workshop 9:00 Pilates 9:00 MATC Ukelele 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:45 Bridge	24 8:45 Senior Shape-up 10:00 Chorus/Band 11:15 Chair Yoga 12:00 Carve In 12:30 Dans Mac Class 12:30 500/Hand & Foot 1:00 Scrabble 2:45 Dans Open Lab 6:30 <i>Writer's Group</i>	25 8:00 Chair Massage 8:00 Stretch & Tone 9:00 Pilates 9:00 Sip & Swipe 11:00 Diabetic Foot Clinic \$25 12:00 Canasta 12:45 Euchre 1:00 Mah Jongg	26 8:45 Senior Shape-up 9:00 Walking 10:00 Crafts 10:00 Cooking 1 or 2 11:15 Chair Yoga 12:00 Dominoes 12:00 Gourmet Lunch & Euchre 12:30 AARP Driver	27 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 11:00 Low Vision 12:15 Sheepshead 1:00 Movie
30 8:00 Stretch & Tone 8:30 Quilt Workshop 9:00 Pilates 9:00 MATC Ukelele 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:45 Bridge	 <i>Italicized font denotes event is held off site</i>			
				