

MONONA SENIOR CENTER CALENDAR • JUNE 2018

Monday	Tuesday	Wednesday	Thursday	Friday
				1 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 12:15 Sheepshead 1:00 Movie
4 8:00 Stretch & Tone 8:30 Quilters 9:00 Pilates 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:00 Reflexology 12:45 Bridge	5 8:45 Senior Shape-up 9:30 East Towne 10:00 Band 11:15 Chair Yoga 12:00 Carve In 12:30 500/Hand & Foot 1:00 Scrabble 	6 8:00 Stretch & Tone 9:00 Pilates 10:00 Spring Beauty 12:00 Canasta 12:45 Euchre 12:40 Foot Clinic \$22 <i>1:00 Mah Jongg</i> <i>1:00 Mah Jongg Lesson</i>	7 8:45 Senior Shape-up 9:00 Walking 10:00 Crafts 11:15 Chair Yoga 12:00 Dominoes 12:00 Bingo & Lunch 12:30 Foot Clinic \$22	8 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 12:15 Sheepshead 1:00 Movie 2:00 Farmers Market Vouchers 
11 8:00 Stretch & Tone 8:30 Quilters 9:00 Pilates 9:00 MATC Google 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:45 Bridge	12 8:45 Senior Shape-up 9:00 Woodmans 10:00 Band 11:15 Chair Yoga 12:00 Carve In 12:30 500/Hand & Foot 1:00 Scrabble 6:30 <i>Writer's Group</i>	13 8:00 Stretch & Tone 9:00 Pilates 10:30 Veterans Group 12:00 Canasta 12:45 Euchre 1:00 Stepping On Booster Class <i>1:00 Mah Jongg</i>	14 8:45 Senior Shape-up 9:00 Walking 10:00 Crafts 11:15 Chair Yoga 12:00 Dominoes 1:00 Stamp Camp  Flag Day	15 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 9:00 Wis Senior Games Sheepshead 12:15 Sheepshead 1:00 Ice Cream Social
18 8:00 Stretch & Tone 8:30 Quilters 9:00 Pilates 9:00 MATC Google 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:45 Bridge 6:30 Summer Concert	19 8:45 Senior Shape-up 10:00 Band 11:15 Chair Yoga 12:00 Carve In 12:30 500/Hand & Foot 1:00 Scrabble	20 8:00 Stretch & Tone 9:00 Pilates 9:30 Foot Clinic \$22 9:30 <i>Knit 'n Stitch</i> 10:00 Self Protection 12:00 Canasta 12:45 Euchre 1:00 Conversation Pod <i>1:00 Mah Jongg</i>	21 8:45 Senior Shape-up 9:00 Walking 9:00 Reflexology 10:00 Crafts 11:15 Chair Yoga 12:00 Dominoes 3:30 Friends Meeting 	22 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 11:00 Low Vision 12:15 Sheepshead 1:00 Movie
25 8:00 Stretch & Tone 8:30 Quilters 9:00 Pilates 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:00 Diabetic Foot Clinic \$25 12:45 Bridge	26 8:45 Senior Shape-up 10:00 Band 11:15 Chair Yoga 12:00 Carve In 12:30 500/Hand & Foot 1:00 Scrabble 6:30 <i>Writer's Group</i>	27 8:00 Chair Massage 8:00 Stretch & Tone 9:00 Pilates 12:00 Diabetic Foot Clinic \$25 12:00 Canasta 12:45 Euchre <i>1:00 Mah Jongg</i>	28 8:45 Senior Shape-up 9:00 Walking 10:00 Crafts 11:15 Chair Yoga 12:00 Dominoes 12:00 Gourmet Lunch & Euchre 3:00 Volunteer Mtg <i>Italicized font denotes event is held off site</i>	29 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 12:15 Sheepshead 1:00 Movie